

After-school Rules

1. Get a snack
 - a. Drinks: Water, milk
 - b. Food: Fruit, vegetables, cheese
2. Sit at homework table or couch
 - a. Complete work from your teacher
 - b. Read for 20 minutes
 - c. Prepare for upcoming tests
 - d. Work on projects
3. Show mom any papers to sign
4. Pack your backpack for the next day
5. Complete your two chores
 - a. Child 1 (6th grade):
 - i. Empty laundry basket
 - ii. Empty laundry basket
 - iii. Alternate: Fold 10 items
 - b. Child 2 (3rd grade):
 - i. Feed all animals
 - ii. Empty recycling &/or trash
 - iii. Alternate: Clean cat box
 - c. Child 3 (Kindergarten):
 - i. Fold 10 items
 - ii. Empty & refill silverware
 - iii. Alternate: Clean bathroom sink
6. Make your lunch & fill your water bottle for tomorrow. Place in fridge, if needed.
7. Free time:
 - a. Play with friends: Until dinner or time to go somewhere
 - b. Use a screen: 1 hour **max**
 - c. Read: Unlimited
 - d. Board games: Unlimited
 - e. Toys: Unlimited